

Fall 2025

Free App State Employee Health Events

App State employees can participate in a free health screening and fall flu vaccine clinic organized by Health Promotion for Faculty and Staff in partnership with App State Nursing.

Health Screenings

30-minute appointments include:

- Vital Signs
- Optional Lipid panel
- Vision screening
- Glucose check
- Mental Health Screening
- Health Education



Flu Vaccines

15-minute appointments include:

App State Nursing students will be administering the flu shots to registered employees.

Fall 2025 Dates/Locations

- Fri, 10/17, 1-4 PM, Leon Levine Hall, Room 246
- Wed. 10/22, 12 - 3 PM, Student Union, Linville Falls Room
- Wed. 10/29, 1-4 PM, University Hall, Room 258
- Fri. Oct. 24th, 9 am - 12 pm, Hickory Campus Rm 247



[employeewellness.appstate.edu/
annual-health-events](http://employeewellness.appstate.edu/annual-health-events)

APPSTATE

**Health Promotion for
Faculty and Staff**